

**If you are in immediate danger but you can't speak, dial 999 from a mobile and use the 'Silent Solution'**



**The 'Silent Solution' enables you to let the Police know that you need help without talking:**

- Dial 999
- Listen to the operator's questions
- Tap the phone, cough or press buttons to let them know you are listening
- Dial 55, if intrusted, to let them know it's a genuine call
- Continue to listen for instructions

**Contact IDAS**  
**info@idas.org.uk**  
**visit idas.org.uk**

